



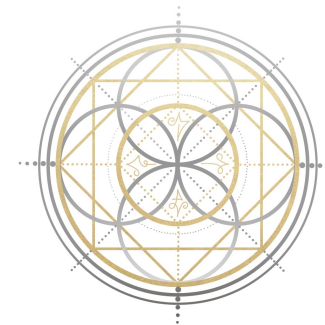
HOLISTIC LIVING

Building Biology

Consultation

Remodeling

Home Building



SENERGY 360

Holistic
LIVING

Consultation
Remodeling
Home Building

Welcome to Senergy360. We are excited to bring optimized living solutions and approaches to modern living, creating safe, sustainable living environments.

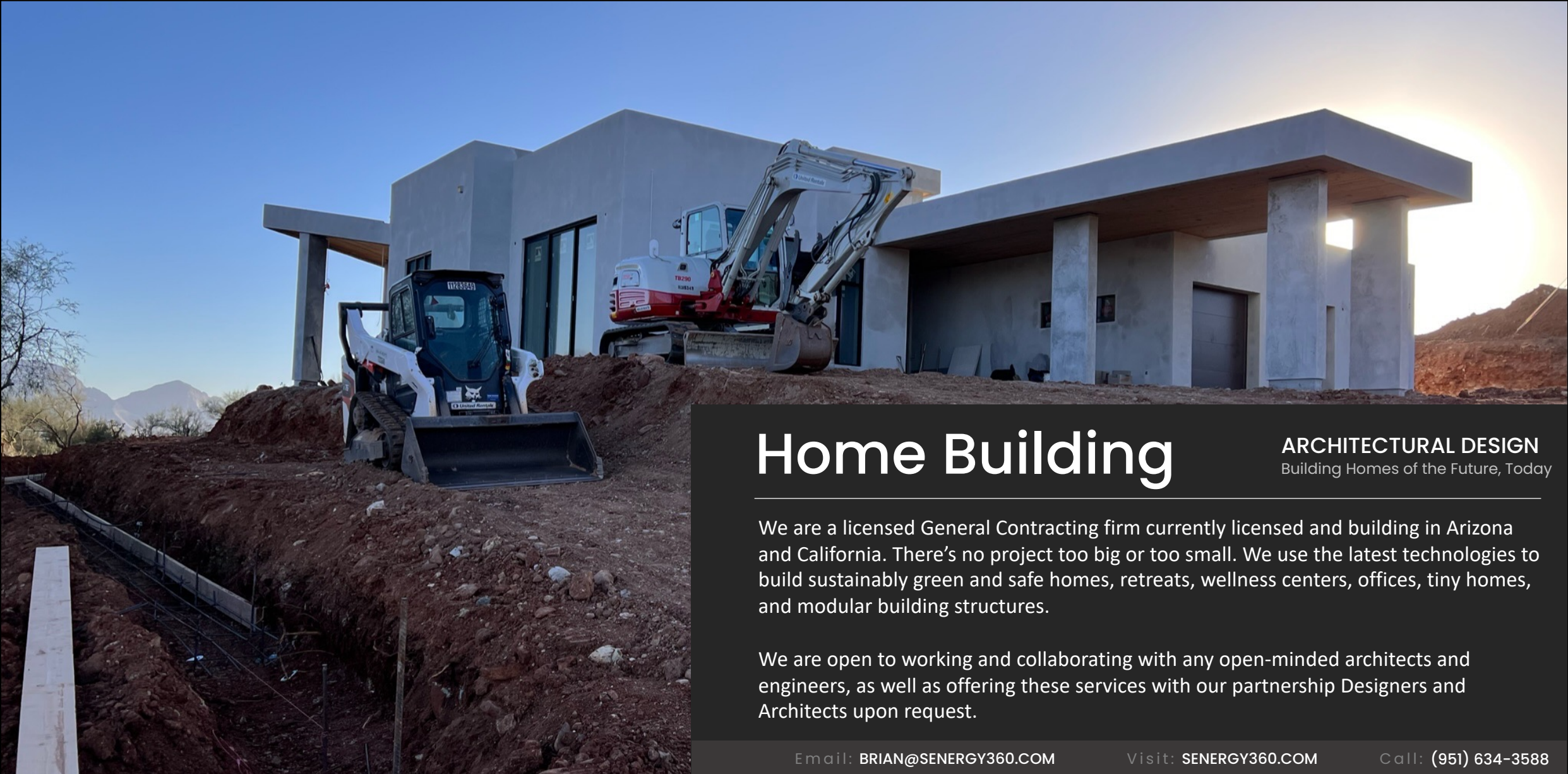
Senergy360 is a general contracting firm specializing in building and consulting. Our mission is to educate industry professionals and homeowners on ways to optimize healthy living spaces. We offer many services, including general contracting, consulting methods, and specifications for any type of building.

We help consult on the design, build, upgrade and remodel of existing spaces. We combine over 20 years of contractor expertise with proven Building Biology methodologies and wisdom. As a result, we have created a unique, one-of-a-kind method for building state-of-the-art environments for optimal living.

Email: BRIAN@SENERGY360.COM

Visit: SENERGY360.COM

Call: (951) 634-3588



Home Building

ARCHITECTURAL DESIGN
Building Homes of the Future, Today

We are a licensed General Contracting firm currently licensed and building in Arizona and California. There's no project too big or too small. We use the latest technologies to build sustainably green and safe homes, retreats, wellness centers, offices, tiny homes, and modular building structures.

We are open to working and collaborating with any open-minded architects and engineers, as well as offering these services with our partnership Designers and Architects upon request.



Project Consulting

Beyond our general construction services, we also offer project consulting for new construction and remodeling.

We provide services that include:

- Reviewing building plans
- Overseeing the project from start to finish
- Onsite assessments
- Scheduling and confirming material and availability
- Remote, over-the-phone consulting
- Recommendations for building system components and green building materials
- All Senergy360 methods and specifications for healthy building, providing in-depth Building Biology expertise

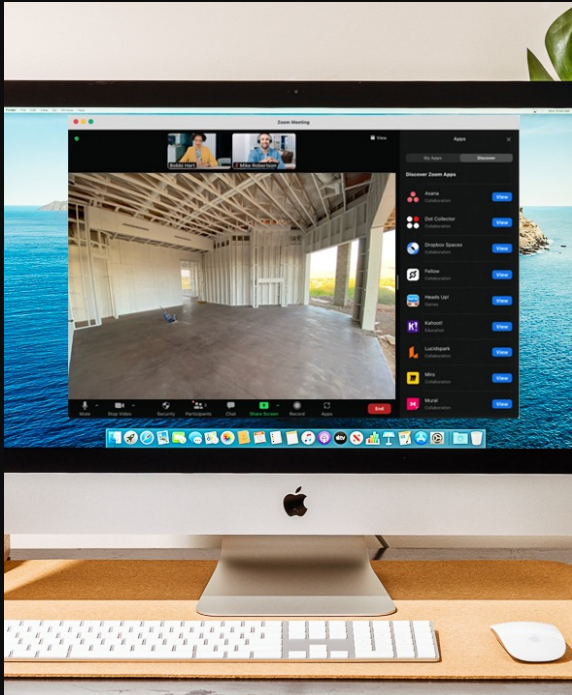
EACH PROJECT IS UNIQUE, AND WE CUSTOM TAILOR A PROJECT TO THE BUDGET AND SERVICES NEEDED.



Site Assessments

Site assessments and evaluations are a great way to get any project started. We offer services bringing our knowledge and resources to our clients, providing a deeper insight by reviewing the scope of work from a Building Biologist's perspective. Starting with the project site, from top to bottom, we look for any potential short or long-term issues that may compromise the structure and lead to premature failures that may have adverse health effects for the client.

We offer on-site assessments and evaluations for healthy home solutions. In addition, we provide off-site evaluations with live video or call options. Assessments and evaluations typically take 4-6 hours, depending on the complexities and involvement of the project.





New Construction

We offer both general contracting and consulting services for any new structure, including homes, retreat and wellness centers, clinics, or offices.

From site review to early concepts and designs, final plans, local building, planning meetings, project cost, vetting and reviewing bids, and working with architects, we can cover the entire scope of the project.



Upgrading/Remodeling

Creating healthy living environments is important to us. No project gets left behind. We offer complete upgrades using all the Senergy360 methods and specifications. Most of our services can be used for existing living environments.

We can offer consulting services working directly with clients, building trades, and local building departments implementing all aspects of our services similar to new construction.



Mold-Free Building

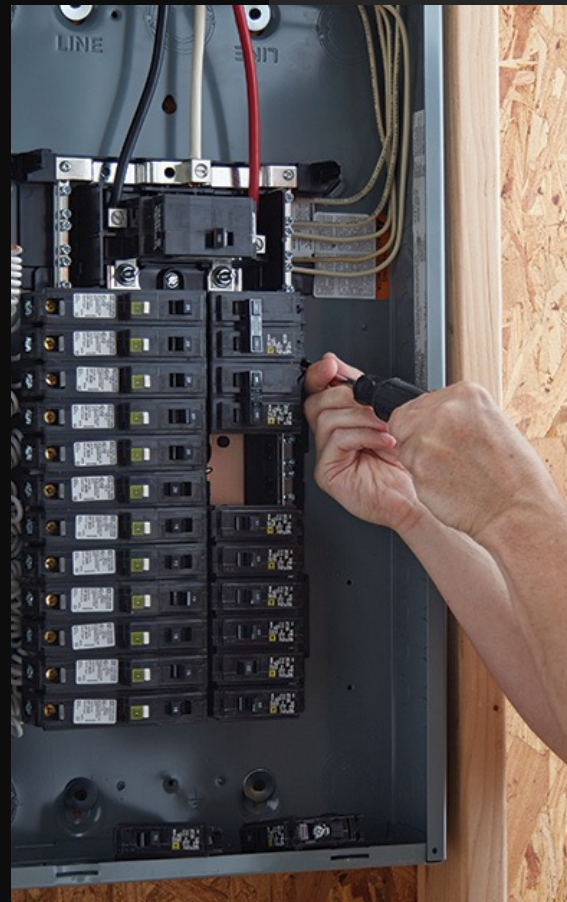
Mold is everywhere—it grows anywhere and on any surface. Some people and animals are more sensitive than others and have adverse health effects to certain mold strains. We source and use materials that are mold-resistant and prevent mold from growing.

We implement proven techniques to prevent mold from establishing in construction spaces and use various methods to keep moisture, water, and condensation from growing mold or penetrating materials. We work with trusted mold testing companies to ensure testing accuracy and assure mold-free environments.





Studies are emerging about the dangers of high spectrum radio frequency waves, including 5G signals from cell phones and cell towers, in-home Wi-Fi routers, smart meters, risky placement of electrical wiring through the structure, and false or inadequate grounding and “dirty” electricity. Clinical lab testing has proven an adverse change in red blood cells from exposure to electromagnetic smog in our environments.



EMF-FREE Building

EXPOSURE

Some people are very sensitive to these exposures. We offer a wide range of solutions. There are many EMF-proofing products available such as faraday cages, shielded wall coatings, and window films; other solutions are construction method-based and can include hard-wiring all internet services into the structure, proper electrical wiring, eliminating wireless devices, and using conventional hard-wire methods.

SOLUTIONS

We can do installations, provide trusted sources, and work with other trades to test existing EMFs and ensure proper installation of all Senergy360 recommended methods.



Sustainably Green Building Techniques

The principles of Building Biology and our dedication to creating healthy homes are of the utmost importance to us. We aim to use the safest building products and solutions on the market and work with many trusted sources of safe building products.

We evaluate the materials, paints, glues, adhesives, furnishings, and chemicals used in every aspect and research the cleanest, safest, and most sustainable way to use products for healthy living conditions.





ENVIRONMENTAL STRESSORS

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Identifying Potential Environmental Stressors

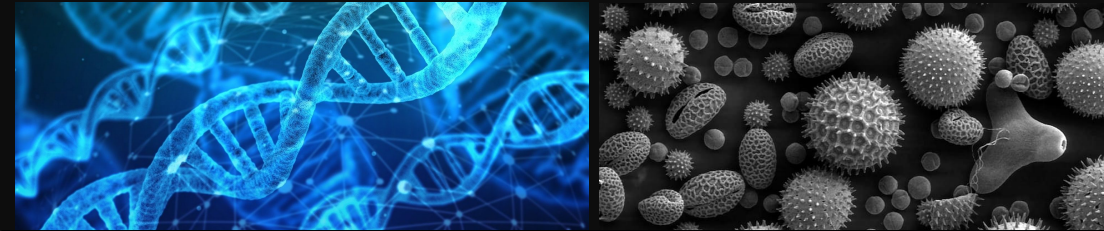
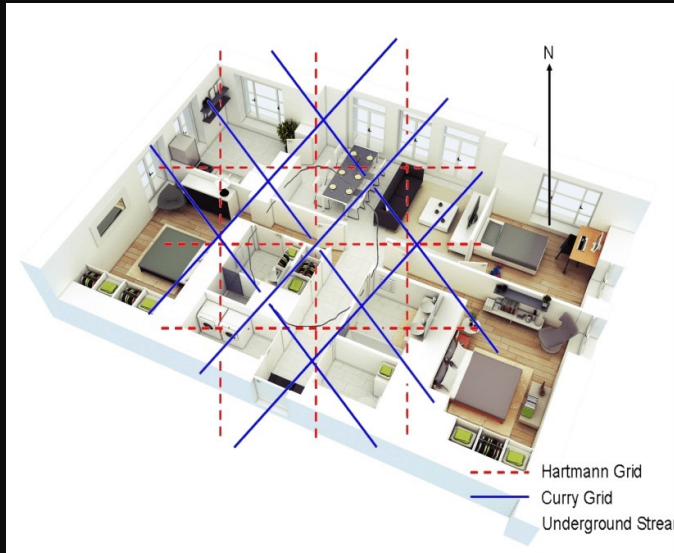
WE FIND SOLUTIONS TO ADDRESS ANY PRE-EXISTING CONDITION

We evaluate geopathic stressors such as:

- Living spaces
- Mold
- Chemical exposures
- Drainage issues
- Stagnate water
- VOC outgassing materials
- Identifying unsafe building materials

OUR GOAL

Our number one goal is to provide cutting-edge, safe solutions for optimal living. We look at a project in its entirety, finding the balance of green sustainable building techniques and practicality. We look at the pre-existing environment, water supplies, local cell tower exposure, potential unsafe compounds in the soil, and utilities such as electricity.



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The Senergy360 Difference



What makes our construction techniques different?

Each Step We Take:

- Using the safest building methods available while focusing on optimizing the living environment
- Applying holistic methods of building components that can be interwoven throughout an entire process of remodeling or new construction
- Providing a proactive role in all aspects of construction
- Advising throughout the entire project
- Continually seeking out the best possible solution and learning new technologies for safe building methods
- Researching and using trusted sources
- Help provide any construction details
- Problem solving and creating creative solutions
- Building bridges and strengthening relationships
- Educating our clients, architects, builders, tradespeople, and suppliers

Every solution is a Custom Solution designed and sourced with the proven cutting-edge science, technologies, and systems to promote your most holistic living environment.



METHODS & SPECIFICATIONS

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Helping source green building methods such as:

- Insulated Concrete Forms (ICF) or other green options
- Prefabricated wall systems
- Laminated Veneer Lumber (LVL)
- Other green framing options for mold-free construction
- Confirming material and availability time frames
- Deliveries for projects
- Methods and solutions for mold-free building and prevention



Plumbing recommendations:

- Placement of valves
- Water treatment
- Appliance locations
- Flood prevention
- Leak detection with shut-off valves
- Types of plumbing
- Exterior drain-pipe planning
- Custom designed water and filtration systems
- Leak-proofing for filtration
- Filter and treatment system setup



Circadian lighting options:

- Architectural recessed lighting
- Upper and lower cove tape lighting options
- Placement and locations of switches and controllers.

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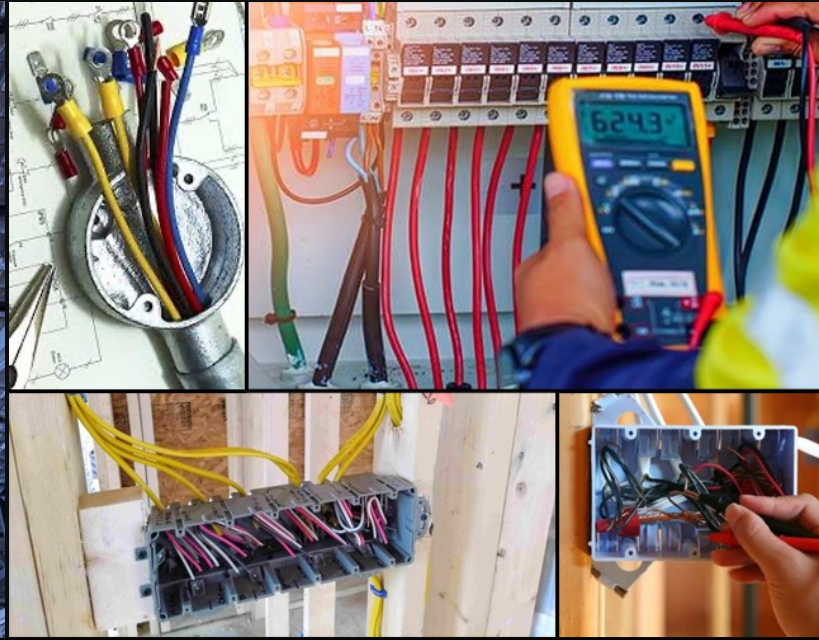
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Heating & Air Systems:

- Matching all compatible components
- Use of Energy Recovery Ventilator (ERV)
- Use of humidification and dehumidification systems
- Catalytic UV air purification options
- Placement of HVAC units



Electrical:

- Placement of electrical panels and smart meters
- Types of electrical wiring and placement
- Optional switching power-off modes to reduce live EMFs during sleep
- Planning pre-wiring for modalities and other wellness technologies
- Use of shielded coatings and window films
- Placement of whole house electrical filters
- Pre-wiring and cable solutions for low voltage uses
- Ethernet access for monitors, Internet, alternative phone services



Interior Wall Mold-Resistant Systems:

- Mold-free drywall
- Interior wall insulation
- Options for chemical-free wall and ceiling plaster systems to help acclimate air humidity for interior living areas

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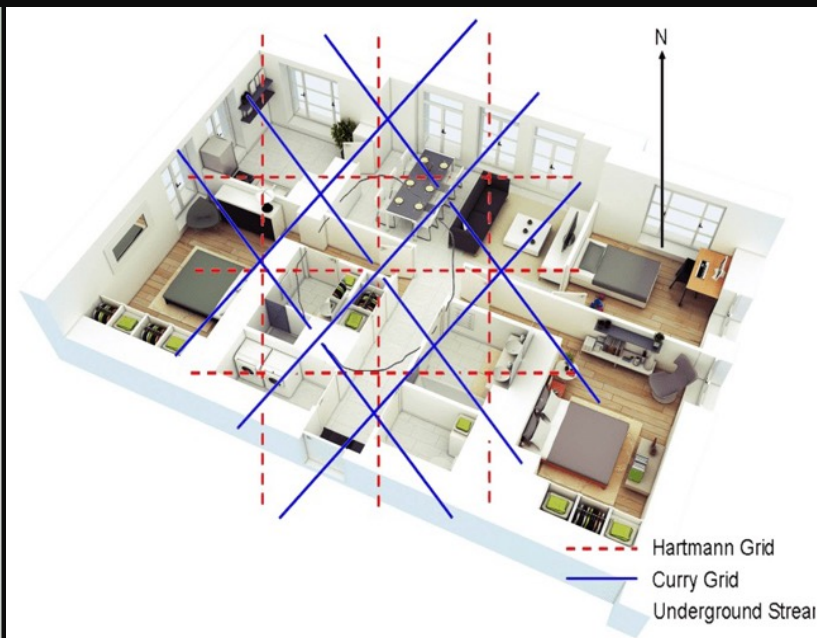
METHODS & SPECIFICATIONS

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Identifying chemicals used in construction:

- Pinpointing potentially harmful chemicals used in existing structures
- Reviewing and identifying furnished materials
- Providing sources of safe and natural products
- Identifying, understanding, and interpreting the significance of Volatile Organic Compounds (VOCs)
- Sourcing minimally processed building materials

Harmonizing living space methods:

- Educating and using tools to measure geopathic stressors in the area and surrounding environment
- Understanding how Bio-geometry is recognized and used in architectural sourcing
- Finding additional services using specialists in harmonizing living spaces and building sites.

Offering peace of mind with a certificate program:

Assuring and documenting that all Senergy360 methods and specifications have been implemented properly, ensuring the space is safe, offering peace of mind.

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SENERGY360 CERTIFICATION

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THE FINAL STEP

The last stage includes reviewing all invoices from the recommended materials purchased and confirming that all materials are properly installed. The certification depends on both onsite and third-party mold samples, measurements of EMF/RF fields, measurements of proper lighting wavelengths/flicker %, eight-point air quality testing, and water quality testing.

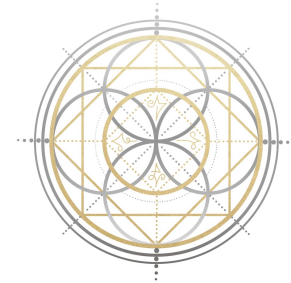
THE RESULT

Once all tested criteria are met or exceeded, we will provide a Senergy360 letter of certification with a stamped seal of approval, assuring the client that the methods used provide the highest and safest standards of living. In addition, it provides peace of mind knowing that all the holistic specifications have been executed and applied with the highest standards of excellence. We will be there every step of the way throughout the entire process to ensure that each project is completed with attention to detail.

The Senergy360 Certificate

Senergy360 offers a Seal of Certification for construction or remodeling. This process is an in-depth post analysis using the latest equipment tools to capture and generate real time reports.

Depending on our involvement Senery360 will help coordinate with the client and contractor a final inspection of the entire scope. Senergy360 will provide a certified checklist with a seal showing all materials meet the criteria.



SENERGY 360



ABOUT BRIAN JOHNSON

Building Biology



Brian Johnson is the founder and CEO of Senergy360, dedicated to creating new standards of modern living by designing and building holistic homes of the future, today.

**CONSULTATION
REMODELING
HOME BUILDING**

Brian Johnson is a Building Biologist accredited by the Building Biology Institute with over 20 years of experience as a General Contractor. Brian has a lifelong passion for health, athletic performance, and wellness. He is highly accomplished in the top Ironman and Xterra events, making the top 1% classification as an All-World Athlete. He has also coached athletes using science-based techniques to achieve high-level results. Brian is now on a mission to provide access (and the know-how) to the PROVEN Cutting-Edge Technologies & Systems for building holistic living structures.

In 2020, he built and designed the world's first Optimized Living Home in Tucson, Arizona. It is a model home that applies the best and newest science to create optimized living environments, and it serves as an educational model for other builders to adopt more sustainable solutions for their clients.

Tours are available by request. The home features the latest solutions in every aspect of the living environment to support optimal health and living. This one-of-a-kind home is equipped with cutting-edge systems and solutions for circadian lighting, EMF protection, 5G shielding, water purification, air quality, and mold-resistant materials. Every aspect of the home was sourced with the best quality, safest, and cleanest materials available.

Brian is committed to seeing Holistic Homes become the new standard in building the future.



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